

Backpacking Check List

<p>CLOTHES</p> <ul style="list-style-type: none">___ boots, shoes___ socks, extra socks___ liner socks, extras___ gore-tex socks___ low gaiters___ high gaiters___ overboots___ booties, mukluks___ camp shoes___ lightweight underwear___ midweight underwear___ expedition underwear___ fleece liner gloves___ GTX overgloves, mitts___ baseball cap(s)___ windbloc cap/ear cover___ windbloc balaclava___ nylon windproof vest___ down or fleece vest___ down or fleece jacket___ long-sleeve shirt___ long fleece pants___ long down pants___ rain poncho___ wind/rainproof jacket___ wind/rainproof pants___ windbreaker (nylon)___ shorts for hiking___ swimsuit___ towel,bandana <p>NAVIGATION</p> <ul style="list-style-type: none">___ compass___ maps, map case___ notepad & pencil___ eye glasses/contacts___ headlamp, flashlight___ extra batteries___ GPS unit___ altimeter___ guide book/notes	<p>SHELTER & SLEEPING</p> <ul style="list-style-type: none">___ tent, poles, stakes___ ground cloth, tarp___ bivy sack___ sleeping bag___ sleeping bag liner___ sleeping pad___ sit pad <p>PACKING</p> <ul style="list-style-type: none">___ Backpack___ pack cover___ daypack, fanny pack___ Ziploc freezer bags___ lashing twine/straps___ large plastic garbage bags___ stuff/compression sacks <p>COOKING & FOOD</p> <ul style="list-style-type: none">___ coffee, tea, cocoa___ electrolytes___ food___ breakfast___ lunch/snacks___ dinners___ condiments___ herbs___ vitamins___ water filter/purifier___ water bottles___ water bottle jacket___ iodine___ cook pot___ cook/eating utensils___ insulated cup (w/lid)___ stove & fuel___ matches, lighter___ piezo stove igniter___ bear bag	<p>OTHER ESSENTIALS</p> <ul style="list-style-type: none">___ first-aid kit___ prescribed medicine___ knife___ waterproof matches___ firestarter,candles___ sun glasses,goggles___ sun block, lip balm___ bug protection___ space blanket/bag___ plastic whistle___ signal mirror___ extra food <p>SNOW & ICE</p> <ul style="list-style-type: none">___ ice axe___ snow shoes___ snow poles___ crampons___ snow shovel___ avalanche beacon___ snow wands___ hand warmers <p>MISCELLANEOUS</p> <ul style="list-style-type: none">___ sewing kit___ parachute cord___ fishing gear___ duct tape___ pack towel,bandana___ camera,film,tripod___ toilet paper___ toothbrush/powder___ repair kits___ thermalite chair___ binocular/monocular___ candle/oil lantern___ cards, games___ rubber bands___ clock/watch___ reading material
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