

Boy Scout - Winter Camping Checklist

Basics

Dress in layers, the trapped air helps keep you warm, and you can shed layers if you warm up.

STAY DRY!! If you get wet, make sure you change into dry clothes as soon as possible. In order to do that, you must have more than 1 article of clothing with you. For example, 3 pairs of wool socks, 2 pairs of pants, etc.

NO COTTON clothing as your primary clothing. NO JEANS!

Make sure you have snow pants, nylon wind pants, or wool pants, and polypropylene or wool long underwear

Sleeping pad (Therm-a-rest or closed-cell foam is recommended. you want to insulated from the cold ground.)

Sleeping bag, good to 0 degrees. You can also add a fleece liner to a mid-weight bag.

Clothing

Wicking bottom layer, made of something other than cotton. Recommend polypropylene or silk.

Sweater/ long sleeved shirt

Fleece jacket/ pants/ vest

Socks/ wool or synthetic (3 pairs), NOT cotton sweat socks.

Winter camp booties, if you want

Outerwear

Winter pants (ski or snowboard pants, bibs, shell)

Winter shell jacket/ parka (layer with vest, sweater, tee shirt, etc.)

Gloves (leather or nylon covered for water resistance, NOT just fleece)

Mittens (warmer than gloves) with waterproof shells

Winter Hat (very important)

Balaclava and/or neck gaiter

Winter boots (Sorel's or similar, NOT just summer weight hiking boots)